

2026

01

JANUARY



FITNESS GOAL(S) OF THE MONTH:

"SING TO THE LORD A NEW SONG, FOR HE HAS DONE MIGHTY THINGS!"
(PSALMS 98:1).

SUN	MON	TUE	WED	THU	FRI	SAT
				1 OPEN HOUSE 2026! 10:15A-2P	2	3 ZUMBA (GINGER) 10:15A
4	5 STRONG 30 + ZUMBA (GIN) 6:15P (NEW!)	6 ZUMBA GOLD 10:15A ZUMBA (EVEY) 6:15P	7 ZUMBA TONING (GINGER) 10:15A & 6:15P (NEW!) CIRCL MOBILITY 7:00P (12M)	8 CHRISTIAN HIP-HOP (SHAWNA/GIN) 6:15P (NEW!)	9	10 ZUMBA (GINGER) 10:15A
11	12 STRONG 30 + ZUMBA (GIN) 6:15P (NEW!)	13 ZUMBA GOLD 10:15A ZUMBA (EVEY & GIN) 6:15P	14 ZUMBA TONING (GINGER) 10:15A & 6:15P (NEW!) CIRCL MOBILITY 7:00P (12M)	15 CHRISTIAN HIP-HOP (SHAWNA/GIN) 6:15P (NEW!)	16	17 CARIBBEAN/ AFROBEAT FUSION (JALISA) 10:15A
18	19 STRONG 30 + ZUMBA (GIN) 6:15P (NEW!)	20 ZUMBA GOLD 10:15A ZUMBA (EVEY & GIN) 6:15P	21 CARIBBEAN/ AFROBEAT FUSION (JALISA) 6:30P	22 CHRISTIAN HIP-HOP (SHAWNA/GIN) 6:15P (NEW!)	23	24 ZUMBA (GINGER) 10:15A
25	26 STRONG 30 + ZUMBA (GIN) 6:15P (NEW!)	27 ZUMBA GOLD 10:15A ZUMBA (EVEY & GIN) 6:15P	28 ZUMBA TONING (GINGER) 10:15A & 6:15P (NEW!) CIRCL MOBILITY 7:00P (12M)	29 CHRISTIAN HIP-HOP (SHAWNA/GIN) 6:15P (NEW!)	30	31 ZUMBA EVENT (MONICA & GINGER) 10:15A