



# AUGUST

# 2022

SUN	MON	TUE	WED	THU	FRI	SAT
	1 ZG Toning 10:15a Z Toning 6:15p	2 Z Gold 10:15a Zumba 6:15p	3 Zumbini 11:30a Z Gold 10:15a Strong 30 5:30p Zumba 6:15p	4 ZG Toning 10:15a Z Toning 6:15p	5 Zumba 6:15p	6 Pilates 9:15a Zumba 10:15a Zumbini 11:30a Z Kids 12:30p
7 Bellydance Fit 2:15p	8 ZG Toning 10:15a Z Toning 6:15p	9 Z Gold 10:15a Zumba 6:15p	10 Zumbini 11:30a Z Gold 10:15a Strong 30 5:30p Zumba 6:15p	11 ZG Toning 10:15a Z Toning 6:15p	12 Zumba 6:15p	13 Pilates 9:15a Zumba 10:15a Zumbini 11:30a Z Kids 12:30p
14 Bellydance Fit 2:15p	15 ZG Toning 10:15a Z Toning 6:15p	16 Z Gold 10:15a Zumba 6:15p	17 Zumbini 11:30a Z Gold 10:15a Strong 30 5:30p Zumba 6:15p	18 ZG Toning 10:15a Z Kids 4:15p Z Toning 6:15p	19 Zumba 6:15p	20 Yoga 9:15a Zumba 10:15a
21 Bellydance Fit 2:15p	22 ZG Toning 10:15a Z Toning 6:15p	23 Z Gold 10:15a Zumba 6:15p	24 Zumbini 11:30a Z Gold 10:15a Strong 30 5:30p Zumba 6:15p	25 ZG Toning 10:15a Z Kids 4:15p Z Toning 6:15p	26 Zumba 6:15p	27 Pilates 9:15a Zumba 10:15a Zumbini 11:30a Z Kids 12:30p
28 Bellydance Fit 2:15p	29 ZG Toning 10:15a Z Toning 6:15p	30 Z Gold 10:15a Zumba 6:15p	31 Zumbini 11:30a Z Gold 10:15a Strong 30 5:30p Zumba 6:15p			