



# JULY

# 2026

| SUN | MON                                                                           | TUE                                                                                      | WED                                                                           | THU                                    | FRI                                                                                                    | SAT                                                        |
|-----|-------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|----------------------------------------|--------------------------------------------------------------------------------------------------------|------------------------------------------------------------|
|     |                                                                               |                                                                                          | 1<br>ZUMBA GOLD TONING (GIN) 10:15A (NEW!)                                    | 2<br>CHRISTIAN HIP-HOP (SHAWNA) 6:15P  | 3<br>NO CLASSES (HOLIDAY OBSERVED)<br>                                                                 | 4<br>NO CLASSES<br>4 <sup>th</sup> JULY                    |
|     | 5<br>ZUMBA TONING+ CIRCULAR MOBILITY (GINGER) 6:15P VIRTUAL + IN-PERSON!<br>  | 6<br>ZUMBA GOLD 10:15A (GIN)<br>ZUMBA KIDS JR. 11:30A (NEW!)<br>ZUMBA (GINGER) 6:15P     | 7<br>ZUMBA (GIN) 6:15P (NEW!) VIRTUAL + IN-PERSON!<br>                        | 8<br>CHRISTIAN HIP-HOP (SHAWNA) 6:15P  | 9<br>ZUMBA GOLD TONING (GIN) 10:15A<br>ZUMBA KIDS 11:30A (NEW!)                                        | 10<br>ZUMBA (PRISCILLA) 10:15A                             |
|     | 11<br>NO CLASSES                                                              | 12<br>ZUMBA GOLD 10:15A (GIN)<br>ZUMBA KIDS JR. 11:30A (NEW!)<br>ZUMBA (GINGER) 6:15P    | 13<br>ZUMBA TONING+ CIRCULAR MOBILITY (GINGER) 6:15P VIRTUAL + IN-PERSON!<br> | 14<br>CHRISTIAN HIP-HOP (SHAWNA) 6:15P | 15<br>Z GOLD TONING (GIN) 10:15A<br>ZUMBA KIDS 11:30A (NEW!)                                           | 16<br>SUMMERTIME ZUMBA (MONICA & GINGER) 10:15A            |
|     | 17<br>ZUMBA TONING+ CIRCULAR MOBILITY (GINGER) 6:15P VIRTUAL + IN-PERSON!<br> | 18<br>ZUMBA GOLD 10:15A (GIN)<br>ZUMBA KIDS JR. 11:30A (NEW!)<br>ZUMBA (GIN) 6:15P       | 19<br>JERICO'S BIRTHDAY (NO CLASSES)                                          | 20<br>CHRISTIAN HIP-HOP (SHAWNA) 6:15P | 21<br>Z GOLD TONING (GIN) 10:15A<br>ZUMBA KIDS 11:30A (NEW!)<br>SOCA FITNESS (YOMI, JALISA, GINGER) 6P | 22<br>CARDIO KICKBOXING (YOMI) 9:45A<br>ZUMBA (GIN) 10:15A |
|     | 23<br>ZUMBA TONING+ CIRCULAR MOBILITY (GINGER) 6:15P VIRTUAL + IN-PERSON!<br> | 24<br>ZUMBA GOLD 10:15A (GIN)<br>ZUMBA KIDS JR. 11:30A (NEW!)<br>ZUMBA STEP 6:15P (NEW!) | 25<br>ZUMBA (GIN) 6:15P (NEW!) VIRTUAL + IN-PERSON!<br>                       | 26<br>CHRISTIAN HIP-HOP (SHAWNA) 6:15P | 27<br>Z GOLD TONING 10:15A<br>ZUMBA KIDS 11:30A (NEW!)<br>CARIBBEAN/ AFROBEATS (JALISA) 6:15P          |                                                            |
| 26  | 27                                                                            | 28                                                                                       | 29                                                                            | 30                                     | 31                                                                                                     |                                                            |

*"I remain confident of this: I will see the goodness of the Lord in the land of the living" (Psalms 27:13).*